

# Third Side Perspective Taking Exercises



Part of the challenge of being a Third Side is being able to see different perspectives of a situation. Not only that, but often one has to hold multiple perspectives at the same time! Much of the time we are clear about how we see the world but not so clear on how the other does, let alone the perspective of the surrounding community. The following are a number of exercises that push the participants to see different perspectives.

## Exercise 1

What do you see here?



**Exercise 1**

What to see:

Ocean scene

Baby in fetal position

## Exercise 2

What do you see here?



**Exercise 2**

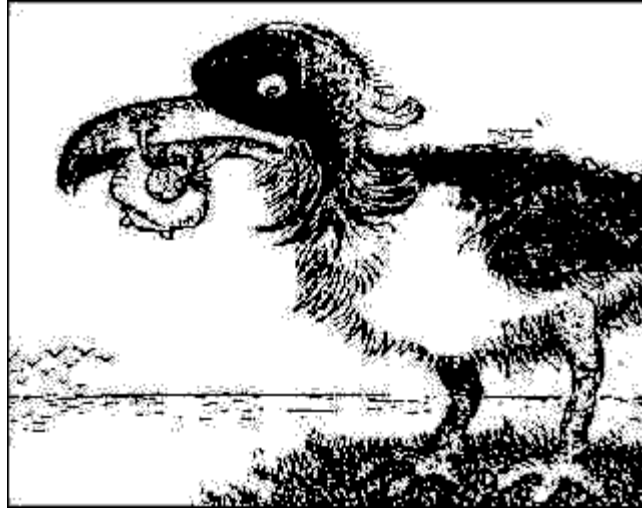
What do you see here?

A face

The word Liar

### Exercise 3

What do you see here?



### Exercise 3

How about now?



**Exercise 3:**

What do you see here:

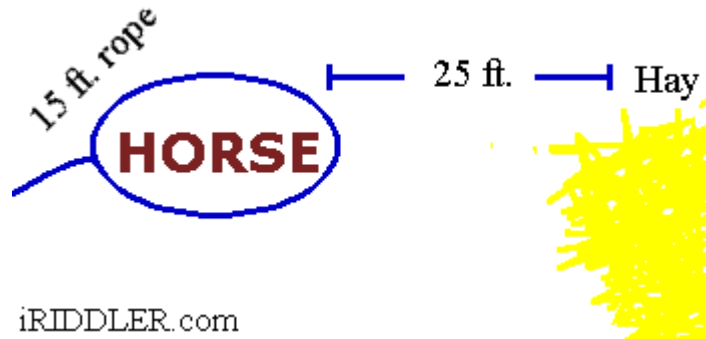
Big bird with something in its mouth

Man in a canoe off a small island pulling in a big fish



## Exercise 4

How is it possible for the horse to get to the hay?



Exercise 4:

The other end of the rope is not tied to anything

## Exercise 5

What do you see here?



Exercise 5:  
Old lady  
Young lady